



SPLINT

How to Immobilize an Injury to Prevent Further Trauma:

Find Items for Makeshift Splint

Directions:

- **Call 9-1-1** or Ambulance
- **Attend to Bleeding** and **Apply Pressure**
- **Wrap Cloth** or Bandage Around Injured Limb
- **Place Sturdy Plank Below** Direction of Breakage for Support
- **Fasten Splint** with Thin Material
- **Loosen or Remove Splint** at Any Sign of Blood Flow Restriction