

A woman with dark hair in braids is shown from the chest up, wearing a light blue long-sleeved shirt. She is holding a blue asthma inhaler and spraying it into the mouth of a young girl with braided hair, who is also wearing a light blue shirt. The woman has a concerned expression, looking down at the child. The background is a soft-focus indoor setting.

Ataque de asma

- Manténgase tranquilo
- Ayude a que la persona se sienta sin asistencia
- Retire a la persona del desencadenante de asma
- Dele un inhalador y siga plan de emergencia
- Llame al 9-1-1 si los síntomas empeoran



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