



What to Do if You're **Trapped Under Debris**

- **Do Not Move Around** or Disturb Dust
- **Cover Mouth** with Cloth to avoid Inhaling Dust
- **Tap on a Pipe or Wall** so Rescuers Can Locate You
- Use a Whistle if You Have One
- **Call Out Only as a Last Resort** to Minimize Inhaling Dust
- **Do NOT light a match**